**TGfU OFFENSIVE/DEFENSIVE/TRANSPOSITIONAL**

**STRATEGIES AND SKILLS: Teacher Notes**

With thanks to Dr. Joy Butler, University of British Columbia

***Offence***

**1. IDENTIFY OFFENSIVE STRATEGIES**

1. Present the problems to the class: “how can your team score more points/goals than your opponents?
2. “How do you keep possession of the ball / puck to set up scoring opportunities?”

**Possible solutions**

* Keep ball moving, short, safe controlled passing
* Focus on the player with the ball
	+ What to do with the ball?
* Focus on the players without the ball
	+ Where to go to be available for pass?
	+ Creating space for the player with the ball
* Division of roles to cover goal
* Transpositional Awareness
	+ Risk in losing possession
	+ Creating space for opportunity
	+ Thinking 2 or 3 moves ahead
1. Think of 2 organized ideas that you can try out.
2. Help facilitate ideas
3. Try them out. Modify during time-outs

**OUTCOMES**

Students will be able to:

1. Problem-solve in groups
2. Through the process of trial and error be able to discern what works more effectively.
3. Learn about roles of offensive players
4. Distinguish between on the ball and off the ball play
5. Assist the player with the ball

**2. REFINE OFFENSIVE SKILLS**

1. Identify the skills that are required to use these strategies effectively. List them.

**Possible solutions**

* Moving to receive pass
* Passing to open players
* Carrying, passing, receiving, shooting skills
* Combining locomotor and manipulative skills

(See Tim Hopper, 2003)

**READ:** Deciding what to do based on cues in game situation

**RESPOND:** Preparatory movements by player as opponent executes on-the-ball skill.

**REACT:** As object enters player’s play area adjustments made to set up execution

 of on-the-ball skill.

**RECOVER:** Appropriate preparation movement to begin cycle again.

1. Ask students to design a practice which isolate these skills. Start with a slow version and then build it up to full speed.
2. Ask the coach to watch the drill and ask him/her for ideas to improve the practice.
3. Develop the skill until it is almost game like.
4. Go back to the game and try the refined skills within the game context. Does it help?

**OUTCOMES**

Students will be able to:

1. Improve their observational skills
2. analyze movement

**3. IDENTIFY OFFENSIVE TRANSPOSITIONAL STRATEGIES**

1. If your team loses possession how will you organize your team to switch into defensive mode?
2. Used for the older grades. This stage could be left out (grades 4-6).

**Possible Outcomes**

* Interception
* Intuition
* Reading the game
* Considering offense options
* Closing down passing lanes
* Forcing an error with defensive pressure

**OUTCOMES**

Students will be able to:

* 1. Build offensive strategies into defensive strategies

***Defense***

**1. IDENTIFY DEFENSIVE STRATEGIES**

* 1. Present the problem to the class: “How can your team try to stop the other team from scoring?”

**Possible solutions**

* Covering / marking a player
	+ Full court, Half Court, Sagging
* Covering / marking an area
* Double-teaming
	1. Ask each team to come up with ideas and strategies to answer this question.
	2. Try them out. Modify during time-outs.
	3. Decide upon one effective defensive strategy
	4. How did the offense score against the team?

**OUTCOMES**

Students will be able to:

1. Problem-solve in groups
2. Through the process of trial and error be able to discern what works more effectively.

**2. REFINE DEFENSIVE SKILLS**

1. Identify the skills that are required to use these strategies effectively. List them.

**Possible solutions**

* Staying with the player
* Keeping goal side of player
* Tackling

(See Tim Hopper, 2003)

**READ:** Deciding what to do based on cues in game situation

**RESPOND:** Preparatory movements by player as opponent executes on-the-ball skill.

**REACT:** As object enters player’s play area adjustments made to set up execution

 of on-the-ball skill.

**RECOVER:** Appropriate preparation movement to begin cycle again.

**OUTCOMES**

Students will be able to:

1. Improve their observational skills
2. analyze movement

**3. IDENTIFY DEFENSIVE TRANSPOSITIONAL STRATEGIES**

1. Present the class the problem, “How does your team gain possession from the team with the ball/ object?”

**Possible Solutions**

* Interception
* Intuition
* Reading the game
* Considering offense options
* Closing down passing lanes
* Forcing an error with defensive pressure

**OUTCOMES**

Students will be able to:

1. Build defensive strategies into offensive strategies